



St. Anne's

Retirement Community
is proud to offer
In-House Therapy
benefits to our Residents.

The benefits of In-House Therapy promote a united rehabilitation program with all disciplines being included in the Resident's care team.



The nursing and Rehabilitation departments work very closely together to deliver quality Resident Care.

Rehabilitation Services

We offer on-site solutions for your needs. Our experienced therapists are dedicated to restoring function for those who have experienced a health setback due to illness or surgical procedures. Residents can work with Physical Therapy, Occupational Therapy and Speech Therapy.



Physical Therapy

focuses on improving lower extremity ROM, strength, and endurance while incorporating an individualized exercise program. In addition to this exercise program, static and dynamic balance activities are utilized to reduce falls, enhance participation and safety with functional and recreational activities. PT may also utilize orthoses to enhance ROM, safety, and balance during a Resident's daily routine. Our rehab department is also capable of post-amputation rehabilitation with prosthetic education and training.

More information on back



Occupational Therapy

focuses on activities of daily living, strengthening, functional mobility, balance training, home management, and safety to promote

independence with each individual's daily routine. Residents are assessed for the need for adaptive equipment and possible modifications of his/her environment to live as independently as possible.

Speech Therapy

focuses on speech clarity, vocal quality, receptive and expressive language skills, and on cognitive skills, such as attention, short-term memory, safety awareness and thought organization. Our therapists also treat Residents having difficulty with chewing, swallowing, or coughing with foods, liquids or pills.

Restorative Nursing Services

Our Restorative Nursing Program works closely with our Licensed Therapy Staff to establish an appropriate individualized program to



help our Residents achieve and maintain their highest level of independence and physical function.



St. Anne's
Retirement Community

A Catholic-Centered Community Honoring All Faiths

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West Hempfield Twp., PA 17512

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